

THRIVING TOGETHER



A SPRINGBOARD FOR EQUITABLE RECOVERY & RESILIENCE IN COMMUNITIES ACROSS AMERICA

America is a land of innovators and hard workers. Today, our lives and livelihoods are being destabilized by COVID-19 and other compounding threats. As we rush to recover, there is a danger of stopping short, missing the big picture, and fooling ourselves that getting back to normal is good enough. This Springboard shows how the immense resilience in America's communities can propel us to organize local and nationwide action around one unifying and measurable expectation: **All people and places thriving. No exceptions.**



THRIVING NATURAL WORLD

Sustainable resources, contact with nature, freedom from hazards



BASIC NEEDS FOR HEALTH & SAFETY

Basic requirements for well-being



HUMANE HOUSING

Humane, consistent housing



MEANINGFUL WORK & WEALTH

Rewarding work, careers, and standards of living



LIFELONG LEARNING

Continuous learning, education, and literacy



RELIABLE TRANSPORTATION

Reliable, safe, and accessible transportation



BELONGING & CIVIC MUSCLE

Sense of belonging and power to shape a common world

PLACE • FAITH

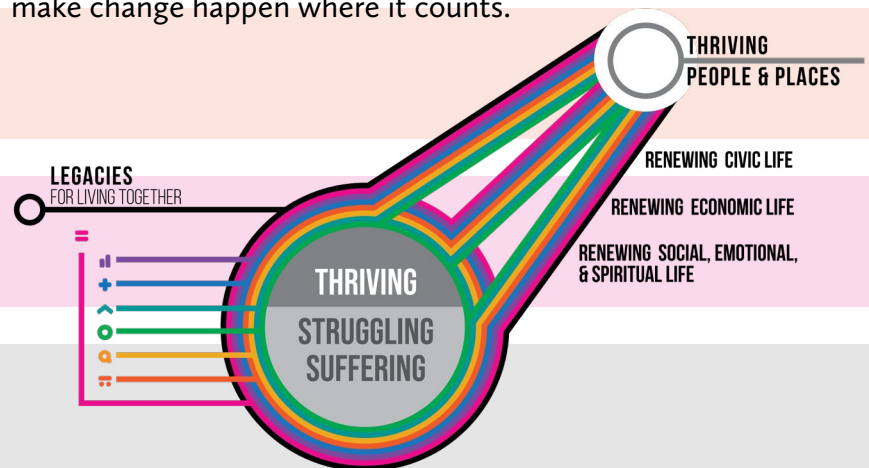
INVESTMENT • MEASUREMENT

In 2020, our efforts to thrive have grown more difficult: at whiplash speed, we are now struggling and suffering through COVID-19 and spiraling crises. Generations before us have endured sweeping adversity and sometimes found the strength to make great strides toward well-being and justice. Once again, America's resilience and humanity are being tested.

Our freedom to thrive depends on having a consistent set of vital conditions such as humane housing and lifelong learning. We inherit vital conditions from our predecessors. Their legacies are the starting points for our lives. However, we possess enormous capacities to transform current and future conditions—for better or for worse.

The work at hand is to renew our legacies for living together by stemming the tide of mounting affliction, preparing for future crises, and expanding opportunities for all people and places to thrive.

America's movement for well-being and justice can never be codified in a single playbook. Yet, it can spring forward with great force and direction if we pursue our priorities, together, to make change happen where it counts.



100+ CONTRIBUTORS

This Springboard, assembled from May–June, 2020, describes how we see the current situation and what we could do, together, to emerge from the compounding crises of 2020 with greater resilience, humanity, and direction.

100 Million Healthier Lives • Affect Mental Health • Algoma School District • Annie E. Casey Foundation • Boldt • The Case Made • Center for Good Food Purchasing • Children & Nature Network • Children of the Setting Sun Productions • Cincinnati Children's Hospital, Univ of Cincinnati College of Medicine • Community Solutions • Data Across Sectors for Health • DFI Consulting • Education Redesign Lab, Harvard Graduate School of Education • Enterprise Community Partners • Fox Valley Technical College • Funders Forum on Accountable Health • Growth Philanthropy Network • Harvard Medical School • Hope Center for College, Community, and Justice • Illinois Public Health Institute • Institute for Healthcare Improvement • Institute for Public Life and Work • Listen First Project • Michigan Public Health Institute • National Community Reinvestment Coalition • National League of Cities • Natural Resource Defense Council • NDN Collective • North Sound Accountable Community of Health • PolicyLink • Prosperity Now • Proviso Partners for Health • Rethink health • Skillful Means • Social Impact Exchange • South Fulton People Centered Economic Development Collaborative • Stakeholder Health, Wake Forest School of Medicine • StriveTogether • ThedaCare • Transportation for America • Trust for America's Health • University of North Carolina/Aspen Institute • Univ of Virginia School of Law and Medical School • Vibrancy • Well-Being and Equity in the World • Well Being Trust • West Virginia Univ • WIN Network • Yale School of Management • Yale Schools of Medicine and Public Health

This Springboard highlights actions that communities, organizations, businesses, governments, and philanthropies can embrace to emerge from the trauma of 2020 with greater resilience, humanity, and direction.

Just like a physical springboard, which redirects and accelerates motion, this *Springboard* shows how we can convert our immense loss from COVID-19 and other crises into renewal. It concentrates attention on the vital conditions, points toward a future with all people and places thriving, and accelerates the speed with which we get there. It also fits with community-centered Well-Being in the Nation (WIN) Measures and supports related nationwide initiatives, such as the Surgeon General's Report on *Community Health and Economic Prosperity* and the Healthy People 2030 Objectives.

The *Springboard* contains three sections to help system stewards across the country spring into action:

CHANGING COURSE SUMMARIES

In the midst of enormously disruptive events across America, is it still possible to find a way for all people and places to thrive? More than 100 contributors to this Springboard say a resounding YES. We have summarized our views in a series of brief chapters. Each one focuses on a vital condition or selected topic, featuring “pivotal moves” that stand out as high priorities for quick action, along with links to full Deep Dive documents.

PATHS TO RENEWAL

In a world fraught with divergent views on how to move our country forward, is it still possible to find common directions for renewing the big trends that shape our lives together? Here too, we say YES. The Springboard describes pathways for renewing our Civic Life, Economic Life, and Social, Emotional, and Spiritual Life. The focus is on *trend benders* for the next decade, coupled with *measures that matter*.

ADVANCING A THRIVING MOVEMENT

With so many people yearning for the freedom to thrive, what will it take to propel a movement that will match the high stakes of this legacy moment? The final section of this Springboard reminds us of the momentum already underway to create thriving communities, each fit to its own place and context. It calls us all to join in the hard, healthy work ahead.

WHAT'S NEXT? How could this Springboard propel swift change for equitable recovery and resilience? How could it guide your own work? How can you join with others to advance an agenda that isn't yours alone? And how can you create openings for others to bring their assets into this work?

Connect and share ideas at [Thriving.US](https://thriving.us).

Thriving Together: A Springboard for Equitable Recovery and Resilience in Communities Across America is a project of Well Being Trust, coordinated with Community Initiatives and ReThink Health. This project, conducted between May and June, 2020 is an evolving work. Support for the project was provided by the CDC Foundation.